

POLICY FOR PERSONAL, SOCIAL AND HEALTH EDUCATION AND CITIZENSHIP

Print Name.....(Headteacher)

Signature.....Date

Print Name.....(Chair of School Improvement Committee)

Signature.....Date

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Print Name.....(Chair of Governors)

Signature.....Date

Revised June 2011
Updated November 2013, 2015 and
May 2017

Introduction

The National Curriculum 2014 highlights 2 broad aims:

- To provide learning and achievement for all pupils
- To promote pupils' spiritual, moral, cultural, mental and physical development and prepare all pupils for the opportunities, responsibilities and experiences of life.

It is the intention that through Personal, Social and Health Education and Citizenship, these 2 broad aims of the curriculum will be achieved at this school. The starting point for all Personal, Social and Health Education and Citizenship at St. Mary's Fields are the 5 elements of Every Child Matters.

It is the intention that Personal, Social and Health Education and Citizenship will underpin, not overlay, the curriculum at this school.

It is recognised that everybody working at St. Mary's Fields can make a valuable contribution to the quality of provision for Personal, Social and Health Education and Citizenship. All the staff, children, parents, visitors and helpers work to support the collective delivery of our aims. This school has had a long history of excellence in Personal, Social and Health Education and Citizenship and in writing this policy it is impossible to put into words the exemplary practice here. Come and see how the words of this policy play out daily in the life of our school!

Aims

- To incorporate the strands of Every Child Matters throughout teaching and learning.
- To give pupils the knowledge, skills and understanding to enable them to participate as confident, healthy, responsible members of society.
- To embody the school ethos, values, aims and objectives as presented in the school prospectus.
- To build on the existing practice of what we do well.
- To be unique to our school in consideration of the values we wish to promote.
- To present a balanced curriculum in line with the statutory guidelines.
- To have a whole school approach to the curriculum.
- To reflect the positive principles of inclusion for all pupils.
- To promote continuity and progression from 3 year old children to 7 year old children, throughout the Foundation Stage to the end of Key Stage One, and as the school progresses towards a Primary School, to 11 year old children, in Key Stage Two.

Learning Objectives

The skills, knowledge, values and attitudes that we desire the children to develop through PSE are expressed as learning objectives in 8 strands:

Children should:

- Be Kind
- Be Safe
- Do their Best
- Have Confidence
- Be Responsible
- Consider their own and others' Feelings
- Know Right and Wrong
- Work Together

School aims and objectives

Starting the process of successful PSE is essential for young children in all aspects of life. Through the teaching of PSE and by following all of the above 8 strands we hope for children to become:

- Reflective learners
- Team players
- Self-motivators
- Independent learners
- Creative thinkers
- Effective participators

School rules

Learning how to be social is a huge part of PSE. It is important for us all to understand the rules of society and how to behave towards others. We encourage this by having set school rules that we expect all children to adhere to. They are as follows:

- Follow instructions
- Keep hands, feet, objects and unkind words to yourself
- Respect and value all property
- Be polite, honest and respectful to others at all times

Inclusion

All children will be included in the whole framework for Personal, Social and Health Development and Citizenship at St. Mary's Fields. This will take note of:

SEN
EAL
G&T
Gender
Culture and Religion
Ability and Disability

Continuity and Progression

It is important that children's learning shows progression from their abilities and experiences in Foundation Stage 1, through to the end of Year 2, and into Key Stage 2. All teachers are aware of the developmental stages in children's learning and plan their pupils' activities accordingly. The whole school approach ensures continuity from class to class, and the individual child's needs and responses will guide their progression in Personal, Social and Health Education and Citizenship.

Cross Curricular Links

Other School Policies

This policy underpins the delivery of the whole curriculum at this school and therefore links with other school policy and practice. Together there is a collective working to promote the spiritual, moral, social and cultural development of children at St. Mary's Fields.

Links are made with:-

School prospectus

School Aims

School Rules

Drugs Policy

Sex and Relationship Education Policy

Behaviour Policy

Anti-Bullying Policy

Equality Policy

Special Needs Policy

Child Protection Policy

Spiritual, Moral, Social and Cultural Development

Every Child Matters

Other Curriculum Areas

Personal, Social and Health Education and Citizenship underpins the whole school curriculum at St. Mary's Fields. Therefore there will be many cross-curricular links to enable pupils to apply and develop their learning. Teaching will be planned to embrace any and all opportunities to forward the Personal, Social and Health Education and Citizenship development in all curriculum areas.

Whole School Framework

To ensure a whole school approach the different guidelines for each of the 3 key stages must form part of the framework, along with Every Child Matters and British Values. In order to include all these essential elements the starting point must be the beginning of the programme of study.

Every Child Matters	British Values	Foundation Stage Early Learning Goals for PSE	Key Stage One/Two framework for PSHE and Citizenship
<ol style="list-style-type: none"> 1. Be healthy. 2. Stay safe. 3. Enjoy and achieve. 4. Make a positive contribution. 5. Achieve economic wellbeing. 	<ol style="list-style-type: none"> 1. Democracy – treating all equally and with equal rights. 2. Rule of Law – following rules of right and wrong. Managing our feelings and behaviour. 3. Individual Liberty – self-confidence, self-awareness self-belief and self-awareness 4. Mutual Respect and Tolerance – treating others as we would want to be treated 	<ol style="list-style-type: none"> 1. Self-Confidence and Self-Awareness 2. Managing Feelings and Behaviour 3. Making Relationships 	<ol style="list-style-type: none"> 1. Personal development 2. Citizenship 3. Healthy living 4. Relationships

It is intended that the Scheme of Work at St Mary’s Fields will meet the aims of this policy and will successfully incorporate these 3 three programmes into one.

Our Scheme of Work will also include the successful elements of what we have been doing at St. Mary’s Fields, over many years.

However, we will also be open to new innovations and in particular, the SEAL resources are recognised to be positive for promoting Personal, Social and Health Education and Citizenship. These too, will be incorporated into our teaching. All teachers can be creative in their use of available resources, and a wealth of ideas will enhance the Scheme of Work.

Planning the Provision and Entitlement

All children at St. Mary’s Fields have full entitlement to a curriculum that will educate them in their Personal, Social and Health development and responsibility towards being a Citizen.

There are 4 ways in which provision is made to deliver the aims of the policy at this school.

Events and Activities and School life	Cross Curricular	Designated teaching time
Values, aims and ethos of the school		

It is intended that the Scheme of Work will reflect a combination of these 4 ways to develop children's Personal, Social and Emotional Development.

Events and Activities- long term plans

These are planned throughout the school year, either as regular or one-off activities, to enhance our school life.

Cross Curricular-medium term plans

Both Foundation Stage and Key Stage 1/2 teachers' medium term planning, shows provision for links with Personal, Social and Health Education and Citizenship, with other curriculum subjects.

Designated Teaching Time-short term plans

The Thought for the Week is planned and delivered by the Headteacher in Monday assembly and followed up in class each week.

Values, aims and ethos of the school

This is something that cannot be planned but is experienced by belonging to our school community.

Expectations

At St. Mary's Fields we have high expectations of children's achievements. In the Foundation Stage most children will gain, and some will exceed, the Early Learning Goals in Personal, Social and Emotional Development. It is intended that the teaching of PSE will build on the Foundation Stage experiences, aims and objectives.

Assessing and Reporting

Foundation Stage

The children will be observed by the teacher against the learning outcomes of the Early Learning Goals for PSE. This information can be shared with parents at Parents Evenings. An end of year report will be written for parents based upon these assessments, each school year. At the end of the Foundation Stage each child will be scored for each statement on the 3 strands of PSE, and these scores will be recorded on their Profile.

Key Stage One/Two

There is no statutory requirement for assessment. However progress will be reported to parents in a written report at the end of each year. This progress report will be based upon teacher assessments and records kept for each child. Teachers will be available to discuss this information with parents at Parents Evenings.

Teacher assessments will take into account what the children know and understand, and how well they use this knowledge and understanding in their skills, attitudes and behaviour.

The Scheme of Work will provide assessment opportunities linked to the learning objectives.

Policy Management

Roles and Responsibilities

It is the responsibility of the Headteacher along with the Governing Body to ensure the Personal, Social and Health Education of children at this school.

Monitoring and Evaluation

Monitoring of this policy will be ongoing by the Headteacher, Governors, Co-ordinator and Staff to ensure the effectiveness of this policy. The Co-ordinator will work with a link Governor to monitor and evaluate the implementation of this policy throughout all aspects of school life.

Review

Evaluation of this policy will be undertaken in a review when Personal, Social and Health Education and Citizenship is on target in the School Improvement Plan.

PSHE& Citizenship Co-ordinator

November 1995

April 2001

January 2007

June 2011

November 2013

November 2015

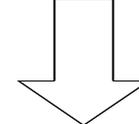
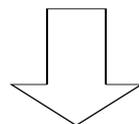
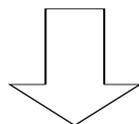
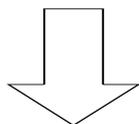
May 2017

The Scheme of Learning for
**Personal, Social, Health and Economic
Education (PSHE)**
at St. Mary's Fields

Revised November 2014

The Framework for the Scheme of Learning for PSHE

<p>Every Child Matters</p> <ul style="list-style-type: none"> • Be healthy. • Stay safe. • Enjoy and achieve. • Make a positive contribution • Achieve economic wellbeing. 	<p>Foundation Stage Early Learning Goals for PSE</p> <ul style="list-style-type: none"> • Making Relationships • Self-confidence and self-awareness • Managing feelings and behaviour 	<p>Key Stage One Key Stage Two Framework for PSHE</p> <ul style="list-style-type: none"> • Personal • Social • Health • Economic <p>New curriculum Sept 14</p>	<p>St Mary's existing PSHE framework</p> <ul style="list-style-type: none"> • Aims • Thought for the Week • What we are doing and doing well (drawing on our good practice)
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The Framework for PSHE unique to St Mary's Fields	
<p>Be Kind Be Safe Do your best Confidence</p>	<p>Responsibility Feelings Right and Wrong Working Together</p>

The learning objectives for the 8 strands of the framework

The 8 strands of this framework have been devised as a whole school approach to the teaching of PSHE. These 8 themes are seen as priorities for this school, building on what we already do well, what we would want to do better, the essentials of Every Child Matters, the EYFS curriculum for Foundation Stage, and the new Key Stage One and Key Stage Two curriculum requirements. Some of the skills, knowledge, values and attitudes that we desire the children to develop are expressed as learning objectives in the following tables.

Be Kind

Children should:

Listen to others

Have kind hands and kind words

Help others

Share and take turns

Be a friend

Care about friends and family

Think about others in unselfish ways

Have good manners and be polite

Know when teasing becomes bullying

Know what to do when bullying happens

Recognise others' differences and respect them

Be sensitive to the needs, views and feelings of others

Value the achievements of others

Say STOP to bullying

Be Safe

Children should:

Know what food keeps them healthy

Know exercise keeps them healthy

Know sleep and rest times keep them healthy

Know safety rules with medicines

Know some drugs are not medicines

Make good choices to be healthy

Recognise risks about fire/strangers/bullies/ railways/roads

Manage their own personal hygiene

Manage their appearance and dress

Understand they must follow rules to be safe

Listen to adults who help them

Be safe during school holidays
Use social media technology safely

Do your Best

Children should:

Become good listeners

Maintain attention and concentration

Work hard

Want to do well

Try and try again

Persevere

Celebrate their successes

Know when to be on their best behaviour

Confidence

Children should:

Recognise that they are special and unique

Know that they belong to their family/community

Feel good about themselves

Know there are things they do well

Expect others to treat them with respect

Try new activities

Know its ok to make mistakes

Learn from their experiences

Be brave

Say STOP to bullying

Responsibility

Children should:

Do as they are told

Keep the rules

Behave well

Act as expected as a member of class/school/family

Tell the truth

Gain independence

Make good choices

Listen to adults who help

Take care of themselves

and their property

Take care of other people's property

Take care of living things

Take care of our school/neighbourhood/world

Take care of friends and family

Feelings

Children should:

Be aware of their own likes/ dislikes/opinions

Be aware of their own needs

Recognise what is fair and unfair

Deal with their feelings in a positive way

Know appropriate times to feel happy/sad/proud/brave

Learn to say sorry

Be sensitive to the feelings of others

Know that others should respect their feelings

Right and Wrong

Children should:

Understand what's right, what's wrong and why

Know that when making choices and decisions some are right and some are wrong

Know bullying is wrong

Working Together

Children should:

Work in a group in co-operation with others

Share fairly, take turns and listen

Know how to be a friend

Help others

Think of others unselfishly

Accept that others may do things differently

Be polite and well mannered

Be sensitive to the needs and opinions of others

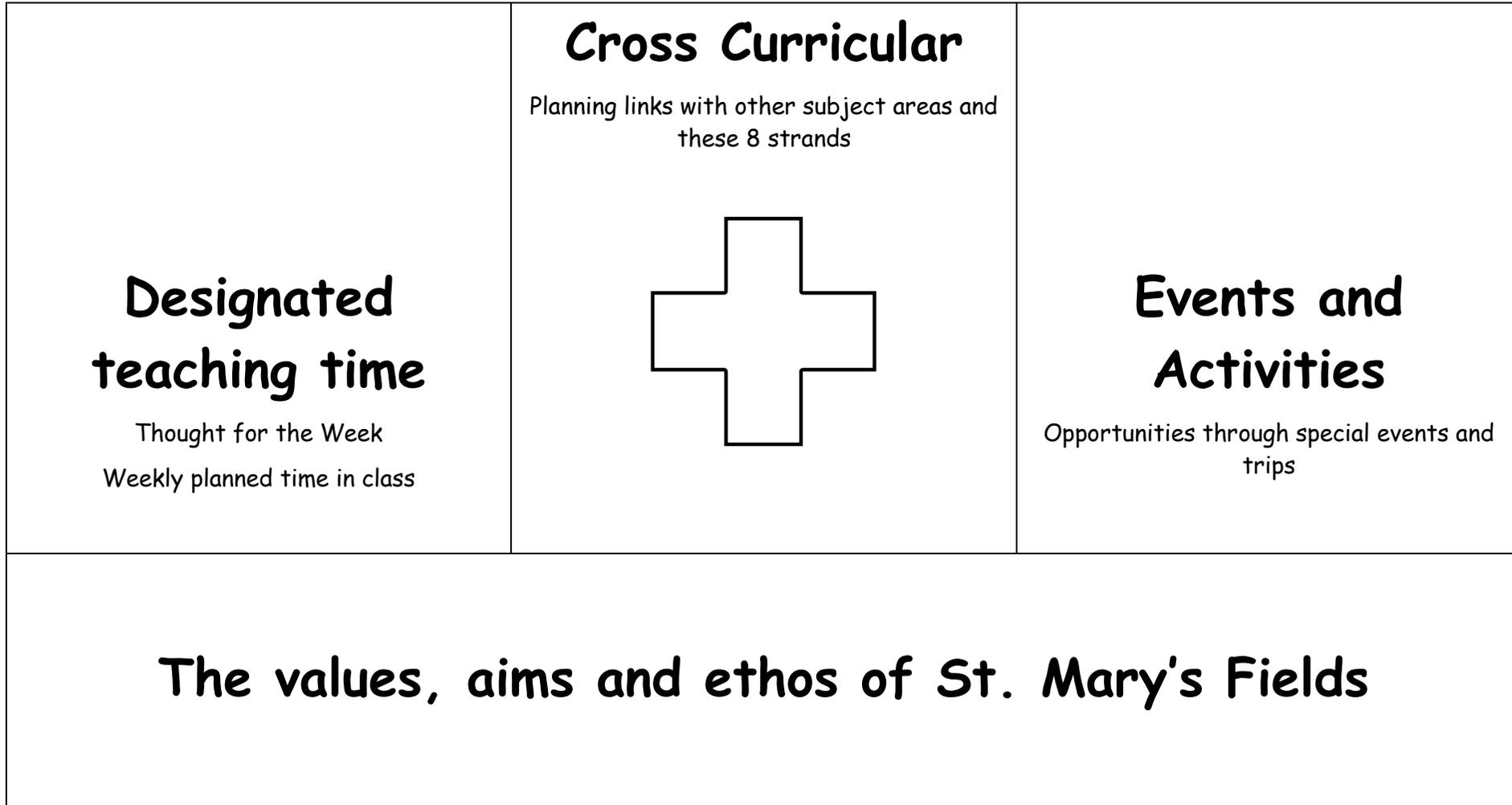
Recognise codes of behaviour are needed

Agree to follow rules

Know that their behaviour affects others

Value achievements of others

Delivery of the scheme of work



Delivery of the Scheme of work

It is intended that the whole school approach to the teaching and learning of children's personal, social, health and economic education is underpinning the values, aims and ethos of St. Mary's Fields.

Everybody who works at St. Mary's Fields has a part to play in promoting the 8 strands of the framework and the teaching and learning times should not be confined to specific timetabled lessons.

Provision is made in 5 ways to deliver and promote this scheme of work to every child from Foundation Stage One until the end of Key Stage Two.

Cross Curricular	
Foundation Stage	Key Stage One and Two
Each term's medium term planning will incorporate the 8 strands linked to the term's topic across the Areas of Learning and Development in the EYFS. The Characteristics of Effective Learning inbuilt into the EYFS run throughout Foundation Stage One and Two.	As learning objectives for all curriculum subjects are planned each term, opportunities for linking with the 8 strands can be incorporated into the medium term plans.

Designated Teaching Time

Thought for the Week

This is a well established, effective way of how we deliver the PSHE focus at St. Mary's. It is intended to build on this strength as our unique way of presenting an excellent approach to our teaching of PSHE.

The Thought for the Week will be planned by the Headteacher. This will be the focus for the main assembly on Monday mornings firstly for Key Stage One and then for Key Stage Two. During the school year the Headteacher will cover all 8 strands of the Scheme of Work with the freedom to weigh the balance in any one strand according to the needs and issues that arise.

Class Time

Teachers know the Thought for the Week a term in advance and can incorporate this into weekly plans. This may involve one or more ways of designated teaching time, e.g.

Circle Time

RTime

SEAL lesson planning

LCP lesson planning

Other resources

Events and Activities

There are many regular, or one-off activities, that form part of the delivery of the scheme of work for PSHE, e.g.

Celebration Assembly

Fund Raising Events

Visits to Places of Worship

Links with other schools

Road Safety Events

Community involvement

Concerts

Special focus Weeks

Sports Days

Celebrations- jubilee/fete

Visit to Beaumanor

Swimming

Charity Fund Raising Events

Visitors to School

School Fruit Scheme

School Nurse visits

School Allotment

Special Assemblies

Book Week

Music lessons

Trips out of school

Litter campaign

This list can always be open to adding more events and activities that enhance St. Mary's PSHE teaching and learning.

The aims of the School

At St. Mary's Fields we are committed to ensuring that each child reaches their potential and develops an enthusiasm for lifelong learning. Our vision is for the children to leave St. Mary's as confident, independent, respectful and self-motivated young people equipped with the academic, social and emotional skills to take on their next challenge.

At St. Mary's Fields we aim for children to be

Reflective learners

Team Players

Self-motivators

Independent learners

Creative Thinkers

Effective Participators

The values and ethos of the school

This is something we invite people to *feel* with the staff, parents and children of St. Mary's. Walking around the school, seeing us in action, joining in with our activities and talking to us, will communicate our values, aims and ethos.

If any hard evidence is needed then the following is a list of some of the things that try to capture the spirit of St. Mary's Fields:

School Photo Slide Show

Our Website

School Profile

OFSTED reports

School Prospectus

School rules

School policies

Investors in People

Playtime rules

Links with other schools

ABC Award

School aims

Governors

Partnership with parents

Healthy School Award

Dinner Time care

Visitors in School